
ANTHONIAN UPDATES

Monthly School Newsletter

From the Principal's Desk

Dear Parents/Guardians and Anthonians,

A Happy New Year 2018 to you and your family! We trust that you have had a restful year-end break and we welcome Anthonians back to school for the new academic year. We also welcome our new cohort of Primary 1 Anthonians who have joined us this year. I am certain that 2018 will bring with it continued blessings, as we strive to provide all Anthonians with abundant opportunities to learn and develop holistically.

In St. Anthony's Primary School, we strive to provide an education that prepares Anthonians to be equipped for both the opportunities and challenges that will come their way. The mission of the school is to enable our children to learn how to learn and to learn how to live, to become persons of integrity and persons for others in God's service. This mission articulates our desire for Anthonians to learn and develop holistically, anchored in sound values, as well as to strive to be the best that they can be and be willing to step forward to serve, thereby making the world around them a better place, especially for the last, the lost and the least.

This year, rather than focus on extrinsic motivators to do the right things and to do things well, I would like to challenge all Anthonians to have a deeper purpose for doing what we do, well, and thus be the best that we can be. I invite you, parents, staff and pupils, to take this journey of "striving to be the best that we can be" in 2018.

We look forward to an exciting year and wish you a Blessed New Year 2018 !

Ms Cecilia Lim
Principal

Announcements

School Attire

Pupils are required to put on their school uniform and tie every day. Pupils can only wear PE attire on days when they have Physical Education (PE) lessons, Programme for Active Learning (PAL) lessons (P1 and P2 only) or Get Active! Programme (applicable to those who are involved).

Morning Assembly

The school would like to remind pupils on the following procedures and timings during morning assembly:

Pupils are to remain at the canteen if they report to school before 7.15 a.m.

Pupils will proceed to the hall at 7.15 a.m. when the chime is played. In the hall, they are to be seated and to participate in the Daily Reading programme.

School Bags

At SAPS, we take the well-being and physical development of pupils seriously. It is recommended that a child should carry only a load equivalent to 10 – 15 % of their body weight. Pupils can achieve this by referring to their class timetables and bringing only books and materials for the day's lessons. Timetables will be issued on Wednesday, 3 January 2018 and modifications, if any, will be made by mid-January.

Do guide your children to check their school bags and teach them the responsibility of packing their bags daily. Please note that for safety reasons, pupils are NOT to use trolley bags.

Latecoming Matters

Punctuality is an important value that all Anthonians require, both now and later in life, and such values are best inculcated when young. All Anthonians are expected to be punctual for school, and to be in the school hall by 7.30 a.m. each day when morning assembly begins. Any pupil arriving after 7.30 a.m. to school will be considered late. Disciplinary action will be taken against latecomers.

Healthy Eating and lifestyle Talk

The Physical & Sports Education (PSE) Department will be conducting a "Healthy Eating and Healthy Lifestyle" talk for parents on 19 Jan from 4 to 4.45 p.m. Parents will be informed of the PSE department programmes which we have for the pupils. They will also be given tips on how best to encourage their child to adopt healthy eating & active lifestyle to ensure proper growth & cognitive development and to encourage healthy habits from a young age.

The benefits of a healthy start for a young child also help in development of motor skills, establish good habits which support active lifestyle, maintaining their healthy weight and having strong bones, muscles and heart.

For parents who are interested in the talk, you can email Ms Angie Lim, PSE Subject Head at lim_ai_ying@moe.edu.sg by 14 Jan 2018.

2018 1st Parent-Teacher Meet for P2 to P6: Setting Expectations

Date	Friday, 19 January 2018
Time	2.45 p.m. - 4.00 p.m.
Venue	Respective Classrooms

The focus of this meeting is to share information on the school's direction and programmes of the year. Sessions to discuss your child's progress will be scheduled in March and/or May after the term assessments. More details will be provided closer to the date.

Temperature-Taking Exercise in Week 1

The school will be conducting a temperature taking exercise for all Anthonians on from **3 to 5 Jan 2018**. Please ensure that your child brings an Oral Digital Thermometer (ODT) in good working condition on all these days. If your child does not own an ODT or has misplaced his/her ODT, you may purchase one from the school bookshop at \$4.50 each. Do remind your child to put his/her thermometer in a ziploc bag with a packet of tissue paper. Primary 1 pupils will be issued their new personal ODTs by their Form Teachers.

Should your child feel unwell in school, the school staff will contact you. It is thus important that we have your latest contact details. We will be giving your child a copy of his/her Pupil's Particulars Form and Medical Record and we will appreciate it if you can make the necessary updates, if any, and return it to the Form Teacher by **Wednesday, 11 Jan**. Please contact the Form Teacher by **Thursday, 4 Jan** if you do not wish to have the Pupil's Particulars Form handed to your child.

Eating Healthy Snacks

As our school promotes healthy eating habits, we strongly encourage Anthonians to bring healthy food for the daily snack time, i.e. those that bear the Healthier Choice Symbol.

The food that can be brought along are:

- Dried Fruits and Nuts, Raisins, Prunes, Dates
- Muesli Bars
- Packet Drinks: MILO, Yogurt Drinks, Plain low fat milk, and calcium-fortified soy milk. Plain water is the most preferred choice.

Anthonians can consume their healthy snacks at the following time:

Level	Time
Primary 3 & Primary 6	8.15 a.m.
Primary 1, Primary 2, Primary 4 & Primary 5	12.15 p.m.

We seek the cooperation of all parents to ensure that your child(ren) bring(s) healthy snacks to school as foods not listed above are discouraged.

Health Promoting School Canteen (HPSC) Programme and My Healthy Plate

In our school's HPSC Programme, canteen vendors are expected to follow food service guidelines which encourage them to prepare healthy meals. By taking meals from the four main food groups – brown rice and wholemeal bread, meat and other proteins, vegetables and fruit, Anthonians will receive the right nutrients for their growing needs. We strongly encourage Anthonians to eat according to "My Healthy Plate" guidelines:

1. Fill half of the plate with fruits and vegetables.
2. Fill a quarter with whole grains.
3. Fill a quarter with meat and others.

Anthonians who bring packed food from home should also follow "My Healthy Plate" guidelines. As a token of encouragement, we will issue a Fruittie-Vegetable Card to every Anthonian who consumes fruit/vegetables as part of his/her meal in the canteen.

Each month, the class with the highest number of cards collected for each level, will win class points for their classes.

We seek the support of all parents and guardians to promote healthy living in SAPS.



CCA Schedule

Name of CCA	Day	Time	Teachers in Charge
Brass Band	Tuesday Friday	<u>Juniors</u> 2.15 p.m. to 4.15 p.m. 2.15 p.m. to 4.15 p.m.	Mdm Lee Kai Ling Miss Ong Wen Shin
	Tuesday Friday	<u>Seniors</u> 2.15 p.m. to 5.15 p.m. 2.15 p.m. to 5.15 p.m.	
Chinese Dance	Tuesday Friday	2.15 p.m. to 4.15 p.m. 2.15 p.m. to 5.15 p.m.	Mdm Zhang Huili Mdm Song Wenzhe
Choir	Tuesday Friday	2.15 p.m. to 4.15 p.m. 2.15 p.m. to 4.15 p.m.	Mrs Josephine Kek Miss Loo Ling Ling
Contemporary Dance	Tuesday Friday	2.15 p.m. to 4.15 p.m. 2.15 p.m. to 4.15 p.m. (For selected pupils only)	Mdm Asmidarwaty Miss Seet Qiuyiong
English Club	Friday	2.15 p.m. to 4.15 p.m.	Mrs Joanne Hoe Ms Valentina Fernandez
Infocomm (Media)	Friday	2.15 p.m. to 4.15 p.m.	Mdm Aryane Mdm Kader Meerah
Infocomm (Robotics)	Tuesday	<u>Primary 5 and Primary 6</u> 2.15 p.m. to 4.15 p.m.	Mdm Farahiya Mrs Jasmine Foo
	Friday	<u>Primary 3 and Primary 4</u> 2.15 p.m. to 4.15 p.m.	
Science and Environmental Club	Friday	2.15 p.m. to 4.15 p.m.	Mdm Siti Noraisha Mrs Khoo Hwei Fang
Visual Arts (Art Elective Programme)	Tuesday	2.15 p.m. to 4.15 p.m.	Miss Sarina Sahari Miss Thazin Soe
Visual Arts (Arts Club)	Friday	2.15 p.m. to 4.15 p.m.	
Badminton	Monday	2.15 p.m. to 4.15 p.m. 4.15 p.m. to 6.15 p.m.	Mr Simon Lee Mdm Sim Suat Lee
	Tuesday Friday	2.15 p.m. to 5.15 p.m. 2.15 p.m. to 5.15 p.m.	
Sports Club	Friday	2.15 p.m. to 4.15 p.m.	Mrs Jess Wong Mr Duane Chan
Soccer	Thursday	4.15 p.m. to 6.15 p.m.	Mr Jegan Mr Huang Zhengqiang
Floorball	Thursday	4.15 p.m. to 6.15 p.m.	Miss Angie Lim Mdm Wang Fang Fang
Taekwondo	Tuesday	2.15 p.m. to 4.15 p.m.	Mrs Koh Pek Yeong Mrs Betsy Wong
Tchoukball	Monday	3.15 p.m. to 6.15 p.m.	Mr Christopher Sagaram Mdm Zoom Zakaria
Brownies	Friday	2.15 p.m. to 4.15 p.m.	Miss Rezeki Miss Chua Enhui
Scouts	Friday	2.15 p.m. to 4.15 p.m.	Mr Ghanim Mr Koh Yen Chieh

- CCA Recruitment will be done via MConline in May 2018. More information will be provided in the May 2018 Anthonian Updates.
- All CCAs will begin in the week starting January 15.
- Primary 1 pupils will begin their CCAs in Semester 2.

Assessment Schedule
Term 1 Assessment Timetable 2018
Primary 5 & Primary 6

Please note:

- Pupils who are unwell will not be allowed to sit for the examination.
- All absences must be accompanied by an official and valid medical certificate.
- There will be no 'make-up' assessments scheduled.

Date	Subject (Stream)
20 Feb (Tues)	P6 Higher Mother Tongue Paper 2
23 Feb (Fri)	P5 Higher Mother Tongue Paper 2
27 Feb (Tues)	English Paper 2 [Standard] English Paper 2 [Foundation]
28 Feb (Wed)	Mathematics Paper 1 [Standard] Mathematics Paper 2 [Standard] Mathematics Paper 1 [Foundation] Mathematics Paper 2 [Foundation]
1 Mar (Thurs)	Mother Tongue Paper 2 [Standard] Mother Tongue Paper 1 [Foundation]
2 Mar (Fri)	Science [Standard] Science [Foundation]

Calendar of Events	
Date	Event
3 – 5 Jan	• Temperature Taking Exercise
10 – 12 Jan	• P6 Motivational & Study Skill Camp
11 Jan	• P1 Inaugural Ceremony
15 Jan	• Start of CCAs and Support Lessons (P2–P6)
24 & 31 Jan, 7 Feb	• P4 Learning Journey to the Singapore Art Museum
19 Jan	• Setting Expectations with Parents (P2 – P6) • Pongal Heritage Experience 2018 for P4 Tamil Anthonians
8 Feb	• Total Defence Day

Parents who wish to have a longer term forecast are requested to check our school calendar at <http://www.stanthonyspri.moe.edu.sg/information/school-calendar>. Parents may wish to add <http://www.google.com/calendar/embed?src=saps.public%40gmail.com&ctz=Asia/> Singapore to your own Google calendar for easy reference. You may also visit our Facebook page at <https://www.facebook.com/sapsanthonian>. Please note that while we will try to ensure that the information is accurate, events are subject to updates and changes.

Anthonian Update 2018 Online

Dear Parents and Guardians,

Since 2017, the Anthonian Updates has become an online information platform. This transition is to better update you on the events in school and additionally do our part in leaving a smaller carbon footprint by printing less. Currently, last year's editions of the Anthonian Updates can be found on the official school website, together with this month's edition.

We will be sending digital copies of the new Anthonian Updates to the emails of our Anthonians' parents and guardians using the email addresses you have provided in the Pupil Particulars Form. We would like to seek the cooperation of parents and guardians to provide the school with your most updated email addresses so that you will be kept updated with your child/ward's school activities.

This transition to the online platform will come in stages and printing of the Anthonian Updates will continue till the month of February. The online versions of the newsletter will be available to parents in the months of March onwards.

Parents and guardians who do not have access to a working email address may choose to continue with the printed edition of our Anthonian Updates by filling up the form below. Please have your child/ward's return this form to their respective form teachers by **Friday, 19 January 2018**.

Application for hardcopy of Anthonian Updates

I, _____, the parent/ guardian of
_____ from Primary _____,
would like to request for hard copies of the Anthonian Updates for the year
2018.

Name and signature of Parent/Guardian